



STRYXSPORTS
EVERYONE'S FAVORITE SPORT

STRYX SPORTS CAMP

At Makadi Heights

 **27TH APRIL - 29TH APRIL, 2023**

 **9 AM - 2 PM**

**MAKADI
HEIGHTS**
RED SEA



by **ORASCOM
DEVELOPMENT**

Stryx Sports Camp at Makadi Heights



STRYX SPORTS is offering children a chance to enjoy a variety of different sports. specialized and focused training combined with fun activities and games will keep children excited and engaged

We are working with the best trainers in their field, who will focus their energy on creating a high-quality, engaging and safe training environment for all camp-

CAMP GOALS:

DAYS OF FUN FOR CHILDREN,
WHILE HAVING ENGAGED,
FOCUSED AND
SKILLS ORIENTED TRAINING

Stryx Sports Camp Coaches



Stryx Sports is bringing best coaches to deliver engaging and exciting activities encouraging fair play positive behavior to make children experience at our camps unforgettable.

CAMP COACHES:



PETER DOTASCHI
(Slovakia)
Tennis & Padel Coach



ANASTASIA SEMENOVA
(Russia)
Gymnastics & Dance Coach



AHMED EL ZAMILY
(Egypt)
Football & Multisports Coach



JONATAN BARBERA
(Spain)
Football & Multisports Coach

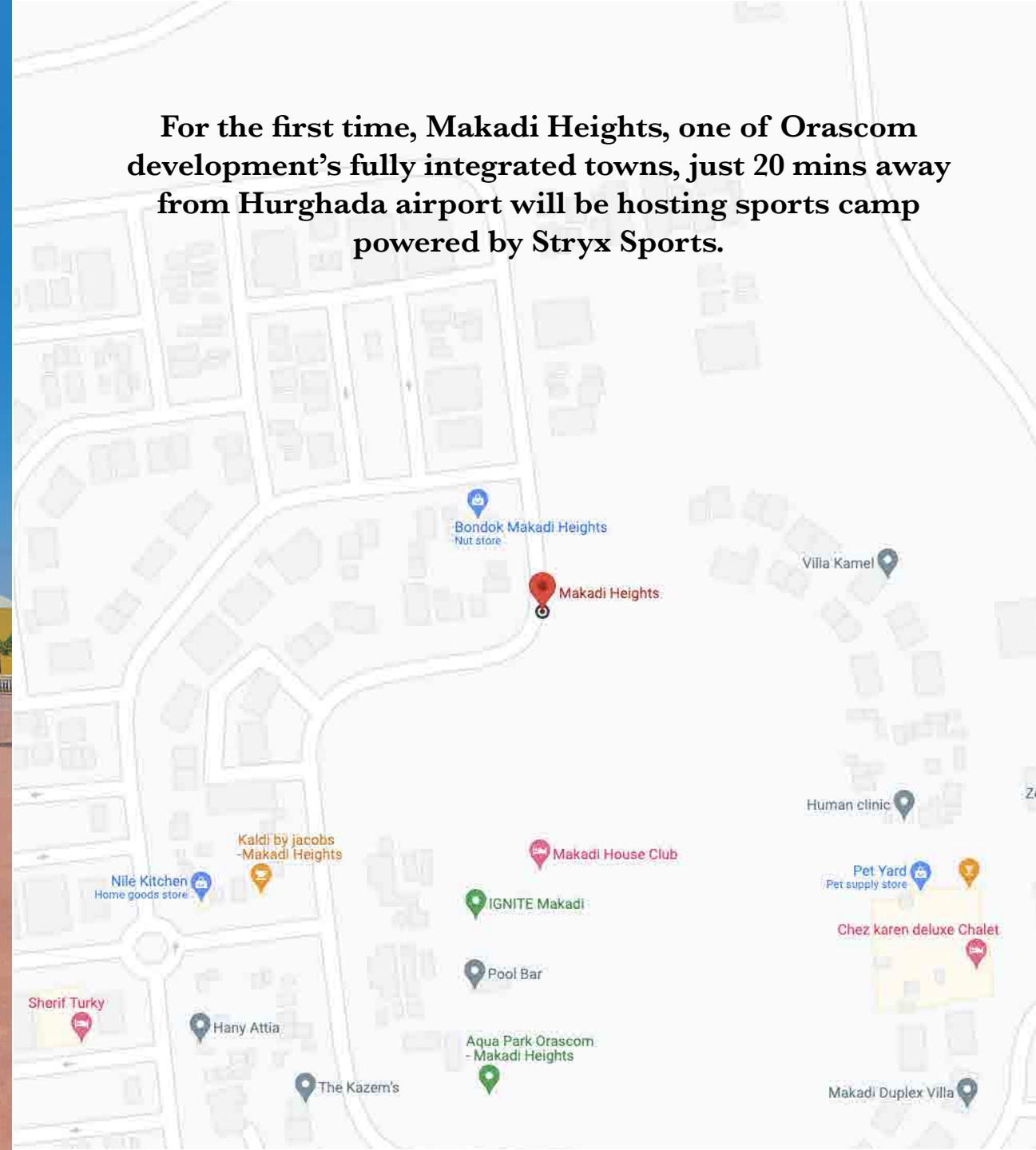
Location

All activities will be delivered at MAKADI Heights Clubhouse Sports Facilities

- football pitch
- 2 Tennis Courts
- GYM
- Play Areas
- Swimming Pool

**MAKADI
HEIGHTS**
RED SEA

For the first time, Makadi Heights, one of Orascom development's fully integrated towns, just 20 mins away from Hurghada airport will be hosting sports camp powered by Stryx Sports.





Multi-Sports Camp

6-12 years

Camp with a full range of different activities directed to experience difference sports:

Multi-Sports Camp

AREAS

- Football
- Tennis
- Athletics
- Gymnastics
- Games

ACTIVITIES

- Training & Exercise
- Games
- Races
- Matches

WHAT TO BRING

- Snacks
- Lunch box
- Tennis Raquet (if available)
- Water Bottle
- Spare clothes and Socks
- Swimming Kit

STAFF

- Stryx Coaches
Specialized in Teaching
their Sport

DIRECTED TO

- All Children Enjoying
Playing Different
Sports

OTHER INFO

- Our Schedule Balances the
Level of Activation During
the day between active
exercise & calm games
- Snack & Lunch Break
- Handwashing & Sanitizing

Multi-Sports Camp Schedule

APRIL 27

TIMINGS	GROUP 1	GROUP 2	GROUP 3	GROUP 4
8:45AM - 9:00AM	DROP OFF			
9:00AM - 10:00AM	Football	Tennis	Fun & Water Games	Gymnastics
10:00AM - 10:15AM	SNACK			
10:15AM - 11:15AM	Gymnastics	Football	Tennis	Fun & Water Games
11:15AM - 12:15PM	Fun & Water Games	Gymnastics	Football	Tennis
12:15PM - 12:45PM	LUNCH			
12:45PM - 1:45PM	Tennis	Fun & Water Games	Gymnastics	Football
1:45PM - 2:00PM	PICK UP			

*Groups to be distributed by age

Multi-Sports Camp Schedule

APRIL 28

TIMINGS	GROUP 1	GROUP 2	GROUP 3	GROUP 4
8:45AM - 9:00AM	DROP OFF			
9:00AM - 10:00AM	Tennis	Football	Relay Races	Dance
10:00AM - 10:15AM	SNACK			
10:15AM - 11:15AM	Football	Relay Races	Dance	Tennis
11:15AM - 12:15PM	Relay Races	Dance	Tennis	Football
12:15PM - 12:45PM	LUNCH			
12:45PM - 1:45PM	Dance	Tennis	Football	Relay Races
1:45PM - 2:00PM	PICK UP			

Multi-Sports Camp Schedule

APRIL 29

TIMINGS	GROUP 1	GROUP 2	GROUP 3	GROUP 4
8:45AM - 9:00AM	DROP OFF			
9:00AM - 10:00AM	Dodgeball	Football	Fun & Water Games	Gymnatics
10:00AM - 10:15AM	SNACK			
10:15AM - 11:15AM	Gymnatics	Dodgeball	Football	Fun & Water Games
11:15AM - 12:15PM	Fun & Water Games	Gymnatics	Dodgeball	Football
12:15PM - 12:45PM	LUNCH			
12:45PM - 1:45PM	Football	Fun & Water Games	Gymnatics	Dodgeball
1:45PM - 2:00PM	PICK UP			
2:00PM	— CLOSING CEREMONY —			

*Parents are welcome to join on April 29 from 12:45pm

What to Bring:



FACE MASK



SNACK



SWIMMING
GEAR



WATER
BOTTLE



SPARE CLOTHES
AND SOCKS



TENNIS
RAQUET



LUNCH
BOX

WHAT TO WEAR:



COMFORTABLE
SPORTS WEAR
AND TRAINERS

PLEASE ENSURE ALL YOUR PERSONAL ITEMS ARE CLEARLY LABELLED
PLEASE ENSURE NO NUTS ARE GIVEN IN SNACK OR LUNCH BOX

Extra Information

Dates

27TH - 29TH , APRIL

CAMP IS FREE AND BY INVITATION ONLY


TO REGISTER PLEASE FILL IN THE FORM

CLICK HERE!

 infoegypt@stryxsports.com

 www.stryxsports.com

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